

## B.V. Patel Institute of Management, Uka Tarsadia University



Date: 07/09/2020

## Session on Get, Set and Grow



B. V. Patel Institute of Management organised a virtual session on "Get, Set and Grow" on 7<sup>th</sup> of September 2020. Total 68 students got the benefits of the session. Session was conducted by Dr. Nirav Majmudar, Founder and CEO of "My Saarthi Training and coaching centre".

In his session he talked about different life learning lessons and self motivation. It was all about how to motivate our own self in different ways. If you want to excel in life, self motivation is essential. That's the only way to get the power you need to overcome difficulties. During the session he has interacted with the students through some practical task assign to them.









He also encouraged the students by sharing some realistic videos for boosting their selfesteem for the future college study. Overall session was based on virtual interactive learning and knowledge gaining. At last students shown a highly positive respond towards the session and they enjoyed a lot.

<b>Topic for the Session</b>	Get Set Grow
Club	Management Club
Co-ordinators	Mr. Dharmraj Solanki
No. of participants	68 First Year Students of BBA
Speaker	Dr. Nirav Majmudar
Platform used	Google Meet-